

PEDIATRIC ASSOCIATES OF NYC

pediatricassociatesnyc.com

**15 month visit**

Today's measurements: Wt \_\_\_\_\_, Ht \_\_\_\_\_

Vaccines

- Hib, Prevnar, Hepatitis A
- Reactions: fever, irritability/fussiness, redness or swelling at site of the shot
- Fever reducer- acetaminophen or ibuprofen is based on weight. Dosage info is on our website

Development

- May walk
- Stoops to pick up object
- Stands without support
- Scribbles
- Says 2-5 words
- Follows simple one step commands
- Starts to say "no" and may have tantrums

Discipline

- Children at this age start to test limits and have temper tantrums
- They begin to demonstrate negativistic behaviors (hitting, pulling hair...)
- In response to above behaviors, limit setting is important. Say "NO".
- Praise good behavior and set consistent limits.

Nutrition/Food

- Let child self-feed
- Wean off bottle
- Offer mostly table foods in conjunction with some purees if child enjoys them
- Juice is not recommended
- Whole milk- max of 20-24oz/day

Tooth brushing- 1-2x/day with a soft toothbrush and a rice grain size of fluoride toothpaste or water

**Next visit in 3 months (18 months old)**